A picture containing drawing

Description automatically generatedNorth Hastings Children’s Services

20 Hastings Heritage Way, Box 1232

Bancroft, ON K0L 1C0

**SLEEP LOG**

PARENT’S INSTRUCTIONS: EXAMPLES: SPECIFIC STUFFIE, BLANKET, ETC.

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| **CHILD’S NAME** | **DATE** | **PARENTS PREFERENCES** | **PARENT’S SIGNATURE** |
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